

DAGNY KUNGUS



Country: Estonia

Languages: Estonian, English, little bit of Finnish and German

Personal Description: I am very active and sociable person, i like to discover new things. Also it's quite common when i challenge myself and step out to my comfort zone. Usually i am open communicator but it also depends on the other people. I think i am "night person" which means that i stay awake quite late and i love to sleep long in the mornings (but sadly it doesn't happen often because of school and job). I also friendly and helpful, so don't esitate to ask me about something.

Hobbies: running, hiking, mostly all the sport activities. Every week I visit sport club where I train in the gym and participate Les Mills programs, my favorites are BodyPump and BodyBalance.

Favourite Music and Movies: I listen various music styles like pop, jazz, blues, also metal...it depends on my mood and activities what i am doing. Mostly i like comedy movies, but also romance and documentary.

The craziest thing I've done in my life: I think my craziest thing was participating in running camp which lasted 10 days and in the last day i ran 33 km and there was 30 °C outside and i didn't have enough water to drink, so it was quite extreme experience.

Things I like: i like everything which is connected to sport. Also i like reading, theatre and i am very excited about ballet and opera, these performances makes me quite emotional (but there have to be always some kind of story in the background). I like to communicate with different people, learn about new things and skills. I love kind and positive attitude of life.

Things I don't like: i don't like aggressive communication, aggressive blaming and so on, i think there is always possibility to react neutral way about something what you don't like.

What I expect from host family: Postitive and open-mind communication, also honesty.

Life Motto: In the end, we just regret the chances we didn't make!